



Online Purchasing of Compression Stockings

If you are looking to purchase compression stockings via the internet, here is the information you will need:

- Go to: www.compressionguru.com/md/vein-laser-nco Or 1-888-550-2709 X700. This site is simple to use and has the lowest price guaranteed. Refer to sheet for other on line sites you may shop within.
- These sites will direct you on how to get your measurements needed for sizing. It is best to know your measurements prior to shopping for the compression you are seeking. Follow the drop down menus to review your options.
- Most commonly recommended is a thigh high with a grip top but some legs do not fit the sizing criteria. Some people's thighs are too large and that individual may do better in a full pantyhose. If the top of a thigh high is too tight it will constrict and roll and the individual will be very uncomfortable. Pantyhose may be more difficult to put on but at least they will stay up.
- **20-30 mmHg** is the strength you will need, in a thigh high with grip top, following a surgical procedure such as **laser or a vein removal/phlebectomy**.
- **15-20 mmHg** is the strength you will need, in a thigh high with a grip top, if you are purchasing hose to wear following **spider vein injections**. If you are only injecting veins below the knee you may only need a knee high.
- **15-20 mmHg** is the strength you want for **regular, daily prophylactic** use for vein health. These are good to wear during flights as well as long car rides, or for a long day on your feet. Typically a knee high is all that is needed.
- **Athletic/sports wear:** there are new sports socks available for athletes, just follow the 'sport' drop down option rather than 'medical'.
- **Good Brands:** Juzo, Jobst, Medi or Sigvaris. All others are not recommended due to poor quality.