



## Sclerotherapy Patient Instructions

### Pricing breakdown:

Pricing varies from \$200-575. The base price of \$200 includes the first 5 syringes (1cc/ml equals one syringe). Each additional syringe is \$25.00. The max volume allowed is 20 syringes (\$575). We will inject the veins that bother you the most and use only the solution you wish to purchase.

### Preparing for your appointment:

Please bring a comfortable pair of shorts and your 15-20 mmHG compression stockings with you to your appointment. We recommend purchasing them at local Pharmacy (Good Day, City Drug, Columbine). If you purchase them online, please get Juzo, MediVen, Sigvaris or Jobst (do not get Activa or Futuro)

### Following Sclerotherapy and wearing Compression Stockings:

At the completion of your injections you will put on the compression stockings. Wear them **continually for the first 48 hours**, including while sleeping, although you may remove them to take a shower. For the next 3 weeks, continue to wear the compression stockings all day long, except while sleeping. Stockings are latex free but if you develop a reaction to the silicone band you may take oral Benadryl and call us for further instructions.

### Expected Course:

After the procedure, you may experience bruising, slight itching, mild swelling, firmness under the skin, discoloration or increased pigmentation of the skin, and the veins will look worse before they look better. These side effects will usually improve or resolve with time. Treated veins should decrease in prominence over a few months. Very unusual side effects include, possible skin thickening (matting) or skin ulceration. **Fading can occur for up to 8 weeks, and occasionally longer. It is reasonable to expect that some areas may require more than one treatment.**

### Activities:

Using compression stockings, normal activity can be resumed immediately, but avoid strenuous exercise or weight lifting for 1 to 2 weeks. Avoid sun, tanning, hot tubs, hot baths, massages, or any intense heat that causes the veins to dilate, for at least the first month.

### Warning Signs:

If you develop severe pain, swelling, fever (temperature >101 degrees), chest pain, shortness of breath, unusual leg function or sensation, increased leg discomfort with muscle use, *skin breakdown*, or infected drainage (pus), please call our office right away at 970-267-2661. If you are calling after hours, stay on the line and follow the instructions to reach the doctor on-call.

**Follow-up:** – is not usually needed, although if any problems occur you may call us to speak with a nurse or schedule an appointment.

❖ *Visit our website to watch a video on sclerotherapy*

❖ *Follow the link to purchase your stockings online or go directly to [compressionguru.com](http://compressionguru.com)*

**[www.ColoradoVeinAndLaser.com](http://www.ColoradoVeinAndLaser.com)**

1915 Wilmington Drive, Fort Collins, CO 80528 (970) 267-2661